



**CENTAUR**  
**GOLF ACADEMY**  
AT BOWOOD GOLF & COUNTRY CLUB

**LEARN GOLF IN A WEEK**

A Quick and Fun way to learn Golf

6pm-7pm, Monday to Friday, then on the course on Saturday for 2 hours of playing golf.

Please book well in advance to avoid disappointment as class sizes are limited.

£60 per person, payment required at time of booking.

**Coaching Dates 2009**

20 <sup>th</sup> April 2009- 25 <sup>th</sup> April 2009	20 <sup>th</sup> July 2009- 25 <sup>th</sup> July 2009
11 <sup>th</sup> May 2009- 16 <sup>th</sup> May 2009	3 <sup>rd</sup> August 2009- 8 <sup>th</sup> August 2009
1 <sup>st</sup> June 2009 – 6 <sup>th</sup> June 2009	17 <sup>th</sup> August 2009- 22 <sup>nd</sup> August 2009
15 <sup>th</sup> June 2009- 20 <sup>th</sup> June 2009	7 <sup>th</sup> September 2009- 12 <sup>th</sup> September 2009
15 <sup>th</sup> June 2009- 20 <sup>th</sup> June 2009	21 <sup>st</sup> September 2009- 26 <sup>th</sup> September 2009

**Typical Week**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Basic setup: how to hold a golf club, basic setup how to stand to hit the ball. Then basic half length swing. Clubs used 6/7 iron 6-7pm	Recap on last lesson, move to full swing with different irons 6/7/8/9/PW 6-7pm	Long irons and woods. These are the long hitting clubs and changes in setup are needed to accommodate them correctly. 6-7pm	Short game, basic chipping and putting. How to get the ball onto the green and into the hole from short range. 6-7pm	Playing from awkward lies and bunkers, this skill is necessary when playing on the course. 6-7pm	Academy course lesson, put all the skills you have learnt into practice. 1-3pm

For more details please contact our Pro-Shop  
on 01249 822228 or e-mail [tuition@bowood.org](mailto:tuition@bowood.org)

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